



Heritage Day – February 15 2021 Honouree: **Edward Francis Arab**

Born in Halifax, Edward Francis Arab was the grandson of some of the first Lebanese immigrants to Halifax. He graduated from Dalhousie University law school and opened his own practice, quickly gaining a reputation for accepting cases that addressed issues of prejudice and racism.

Edward was proud of his Lebanese heritage, spoke Arabic and helped in 1938 to found, the Canadian Lebanon Society, serving as their first President. The Society continues today to share and celebrate Lebanese heritage and culture.

In 1942 he enlisted in the army and volunteered for active service. At age 29, he died in the Battle of the Scheldt Estuary (Holland, Netherlands). His family were heart broken at the news. His life and contributions were celebrated in 1949 through the naming of a street in his honour. Edward Arab Avenue is in the Westmount area of Halifax.



Nova Scotia heritage day
honours the remarkable
people who contributed to
the unique heritage of this
province

This year we remember
Edward Francis Arab
(1915 - 1944)



Public Library Resources:

The list of materials below are available through your local public library. Please consult your local library for other resources that are available - <http://publiclibraries.ns.ca>



Alexandra's Lebanese cooking: authentic recipes from a Nova Scotia home / by Valerie Mansour. Halifax, N.S.: V. Mansour, 1983.

The allspice bath: a novel / Sonia Saikaley. Toronto: Inanna Publications and Education Inc., c2019.

Beirut Hellfire Society: a novel / Rawi Hage. Toronto: Alfred A. Knopf Canada, 2018.

Cape Breton traditional recipe book: recipes reflecting Cape Breton's traditional ethnic foods / written & compiled by Glen Gray. [Nova Scotia: G. Gray, 2015].

Eat where you are: a memoir in recipes / by Christine Faour. Winnipeg, Manitoba: Gateway Publishing, 2012.

From far away / by Robert Munsch and Saoussan Askar; illustrated by Michael Martchenko. Toronto: Annick Press, c1995.

Fall on your knees / Ann-Marie MacDonald. Toronto, Ont.: Alfred A. Knopf Canada, 1996.

Lebanese cuisine: more than 200 simple, delicious, authentic recipes / Madelain Farah. New York: Four Walls Eight Windows, 2001.

The Lebanese kitchen / Salma Hage. New York, NY: Phaidon Press Limited, [2012]

Lebanese of the Maritimes / Nancy W. Jabbra and Joseph G. Jabbra. Tantallon, N.S.: Four East Publications, 1987.

Lebanon A to Z: a Middle Eastern mosaic / Marijean Boueri, Jill Boutros, Joanne Sayad; illustrated by Tatiana Sabbagh. Exeter, NH : Publishing Works, c2005.

Man'oushé: Inside the Lebanese Street Corner Bakery / Northampton, Massachusetts : Interlink Books, 2014

Saha: a chef's journey through Lebanon and Syria / Greg and Lucy Malouf. London: Quadrille, 2009.

Voyageurs to a rocky shore: the Lebanese and Syrians of Nova Scotia / Nancy W. Jabbra, Joseph G. Jabbra. Halifax, N.S.: Institute of Public Affairs, Dalhousie University, c1984.

ONLINE RESOURCES

Nova Scotia Heritage Day - <https://heritageday.novascotia.ca/>

Canadian Lebanon Society of Halifax - <https://www.canadianlebanonsociety.ca/>

Veterans Affairs Canada: Canadian Virtual War Memorial – Lieutenant Edward Francis Arab
<https://www.veterans.gc.ca/eng/remembrance/memorials/canadian-virtual-war-memorial/detail/2641416>

Nova Scotia Archives -
<https://archives.novascotia.ca/>

Nova Scotia Museum -
<https://museum.novascotia.ca/>

Art Gallery of Nova Scotia -
<https://www.artgalleryofnovascotia.ca/>

Beaton Institute -
<https://www.cbu.ca/community/beaton-institute/>

Pier 21 - <https://pier21.ca/>

ARTICLES:

Remembering Edward Arab, Joe Ghiz, & Marc Diab
<https://saintantonios.ca/festival>

November is now Lebanese Heritage Month in Nova Scotia
<https://signalhfx.ca/november-declared-lebanese-heritage-month-in-nova-scotia>

Our Lebanese Legacy: From peddlers to premiers, Atlantic Canadians of Lebanese descent have had significant impacts across the region... not least of all with their love of a good party.

<https://www.saltscapes.com/roots-folks/1675-our-lebanese-legacy.html>

Nova Scotia Launches First Lebanese Heritage Month - November 5, 2018
<https://novascotia.ca/news/release/?id=20181105002>

11 Famous Lebanese Poets and Writers You Should Know
<https://theculturetrip.com/middle-east/lebanon/articles/11-famous-lebanese-poets-and-writers-you-should-know/>

